

3rd MEDITERRANEAN TRAUMA CONFERENCE

**Preliminary programme
Call for papers**

23,24 & 25 September 2016
Palm Beach Hotel, Larnaca, Cyprus



E.S.T.R.O.T.

EFORT - JOINT EFFORTS

**REGISTRATION and ABSTRACT SUBMISSION
NOW OPEN AT**
www.medfort.org

**PRELIMINARY PROGRAMME
AVAILABLE ONLINE**

Organised by:
• The Cyprus Association of Orthopaedic Surgery and Traumatology
• The Mediterranean Federation of Orthopaedics and Traumatology

An application has been made to the EACCME for CME accreditation of this event



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Dear Friends,

The Cyprus Association of Orthopaedics and Traumatology (CAOST) and Mediterranean Federation of Orthopaedics and Traumatology (MEDFORT) together we have prepared what we feel is a very strong scientific programme covering all the topics of trauma in Orthopaedics.

We are very happy to have the confirmation of more than 30 experts in their field in trauma and orthopaedics and we are also happy to see that the EFORT is embracing the event with an EFFORT FORA and EACCME has accepted to award a significant number CME points. In addition the AO educational committee will participate in the conference with a dedicated session as well as the European Society of Tissue Regeneration in Orthopaedics (ESTROT).

The Scientific committee of the congress includes many experts from Mediterranean countries and is chaired by Professor Peter Giannoudis, Professor of Orthopaedics in Leeds and current Editor in Chief of the Injury Journal and chairman of the international committee of the OTA (Orthopaedic Trauma Association).

The conference apart from the scientific programme we also have sessions for free papers and posters and sessions for physiotherapists. Please see the programme for details.

There is a number of hotels of various prices from which you can choose and we are preparing a very interesting social programme including a Mediterranean night by the sea.

Looking forward to welcoming you in Cyprus,

Odysseas Athanatos
President of CAOST

Nikos Maroudias
President of MEDFORT

FRIDAY 23/9/2016

10.00-12.00	"How You do it"	(Room Brussels)
12.15-13.45	Free papers	(Room Brussels)
13.45-15.15	Free papers	
15.15-17.15	Periarticular fractures around the knee	(Room Brussels)
	Chairman: Kemal Aktuglu	
15:15-15:30	27.Distal femoral fractures: How I decide to nail or to plate?	
	Rami Mosheiff	
15:30-15:45	28.Distal femoral fractures: When to ORIF and when to replace	
	Kemal Aktuglu	
15:45-16:00	29.Management of Comminuted patella fractures: what have we learned?	
	T.Tosounidis	
16:00-16:15	30.What is new in the management of floating knee injuries?	
	Matja Sajovic	
16:15-16:30	31.Lack of Evidence of weight bearing after fracture fixation	
	Peter Brink	
16:30-16:45	32.Combined Arthroscopic and Minimal Invasive Surgery for Fractures of the Tibial Plateau	
	Gershon Volpin	
16:45-17:00	Tibia Plateau Fractures, Using the Peek Plate	
	Dr Karl Benedetto	
17:00-17:30	Discussion	
17.30-18.00	Coffee break	
18.00-19.40	Pediatric	(Room Brussels)
	Chairman: Dr. Michalis Zenios	
18:00-18:15	7.Complications after Femoral shaft fractures: What to expect and how to avoid them	
	Andrew Henry	
18:15-18:30	8.Triplane ankle fracture	
	Chris van der Werken	
18:30-18:45	9.Supracondylar elbow fractures: Can we do better?	
	Socrates Varitimidis	
18:45-19:00	10.Treatment and over treatment in Pediatric injuries. What is acceptable?	
	Andrew Henry	
19:00-19:15	11.TSF in pediatric Orthopaedic	
	Michalis Zenios	

19:15-19:45	Discussion
19:45	Opening ceremony

SATURDAY 24/9/2016

8:00-8:45	Free papers	
8:45-10:45	Pelvic and Acetabular Injuries	(Room Brussels)
	Chairman: Peter Giannoudis	
08:45-09:00	43.New approaches	
	T. Tosounidis	
09:00-09:15	44.Impaction injuries	
	Peter Giannoudis	
09:15-09:30	45.Acetabular fractures in the elderly, tips and tricks for ORIF	
	Chris van der Werken	
09:30-09:45	46.Combined pelvic and acetabular fractures	
	N. Kanakaris	
09:45-10:00	47.Acute and late THR following acetabular injuries	
	Theofilos Karachalios	
10:00-10:15	48.The Treatment of Unstable Patients With high energy Unstable Fractures of the Pelvis	
	Rami Mosheiff	
10:15-10:45	Discussion	
10.45-11.15	Coffee break	
11.15-11.30	Lecture: National Mass Casualty Incident Management System – Standard Operation Procedures	
	Panos A. Efstathiou	
11.30-13.30	Poly trauma. EFORT FORUM	(Room Brussels)
	Chairmen: Prof. Giannoudis	
	(Chairman of the International Scientific Committee)	
	G. Machairas	
11:30-11:50	1.What's new in the definition and physiological assessment of polytrauma patients?	
	Peter Giannoudis	
11:50-12:10	2.How to decide: DCO or ETC? (Damage Control Orthopaedics or Early Total Care)	
	Chris van der Werken	
12:10-12:30	3.Biological Criteria for Second Hit Surgery	

12:30-12:50	Thiery Begue 4.Clinical outcome after polytrauma: what should we expect? Nikos Kanakaris	
12:50-13:10	5.Polytrauma – Our Experience Volpin Gershon	
13:10-13:30	6.How to achieve temporary stability of fractures in orthopaedic damage control (Tips and tricks) Petros Spastris	
13.30-15.30	Lunch Break / Industry-Sponsored Workshop	
15.30-17.10	Ankle, AOTEU Session, Problems in and around the ankle joint Chairman: Peter Brink, Stathis Tourvas 12. Ankle fractures in severe osteoporosis Heiner Winker, Germany 13. Syndesmotomic injuries Marco Berlusconi, Italy 14. Pilon fractures Anna Ekman, Sweden 15. Talar fractures Minos Tyllianakis, Greece 16. Is permissive weight bearing an option? Peter Brink, Netherlands Discussion	(Room Brussels)
17.10-18.10	Periprosthetic Fractures Chairman: Gamal Hosney, Akis Schizas 49. Upcoming Epidemi Thiery Begue 50. Periprosthetic Fractures around the knee, fix or replace Theofilos Karachalios 51. Periprosthetic fracture of the Hip Steven Velkes Discussion	(Room Brussels)
18.10-18.40	Coffee break	
18.40-20.20	ESTROT SESSION: Myths, Facts and Current Trends in Bone Reconstruction Chairmen: Giannoudis, Begue, Calori	(Room Brussels)

18:40-18:55	33.Can I predict early the development of non-union? Giorgio Maria Calori	
18:55-19:10	34.Diamond concept of bone repair: What have we learned? Peter Giannoudis	
19:10-19:25	35.Critical size bone defects: The role and an update on the Masquelet technique Thiery Begue	
19:25-19:40	36.Infected non-unions: Protocol of management and open questions N. Kanakaris	
19:40-19:55	37.Bone Transport: Common complications and how to avoid them! Gamal Hosney	
19:55-20:20	Discussion	

SUNDAY 25/9/2016

8.15-10.15	Upper Limb/Humerus Chairman: Gershon Volpin	(Room Brussels)
08:15-08:30	17.Dislocation of AC joint Roger Simmermacher	
08:30-08:45	18. Dislocations of the sterno-clavicular joint Peter Brink	
08:45-09:00	20.Minimal Invasive Surgery of Fractures at the Proximal Humerus Gershon Volpin	
09:00-09:15	21.Management of humeral non union with circular frame Gamal Hosney	
09:15-09:30	22.Failure in humeral fractures: what to do & how Giorgio Maria Calori	
09:30-10:00	DEBATE: - 19.Proximal Humeral Fracture - Conservative Treatment Christos Patsalides - Proximal Humeral Fracture - ORIF Karl Benedetto	
10:00-10:15	Discussion	
10.15:11.35	Upper limb/ Elbow +Forearm+Wrist Chairman: Prof. Chris van der Werken	(Room Brussels)
10:15-10:30	23.Fracture dislocation around the elbow Chris van der Werken	

10:30-10:45	24.Elbow Instability – Terrible trial of the elbow Minos Tyllianakis
10:45-11:00	25.Radial headinjuries: replacement or reconstruction Socrates Varitimidis
11:00-11:15	26.Wrist Fractures Akis Loizides
11:15-11:30	Midshaft Fracture of the Clavicle, operate or not Louis Christodoulou
11:30-11:45	Discussion
11.45-12.00	Coffee break
12.00-13.40	Lower Extremity (Room Brussels) Chairman: Prof. Constantinos Malizos
12:00-12:15	38.Knee dislocations and Arterial injuries Constantinos Malizos
12:15-12:30	39.Mangled extremity Socrates Varitimidis
12:30-12:45	40.Tibia nailing reamed vs unreamed Kemal Aktuglu
12:45-13:00	41.The role of circular frame fixator in severe injuries of the knee Gamal Hosney
13:00-13:15	42.An update on the management of plateau fractures T.Tosounidis
13:15-13:30	Achilles Tendon Ruptures - minimally invasive way to go Andrej Cretnik
13:30-14:00	Discussion

Parallel physiotherapy session (Room Executive 2)

Saturday 24th 15.00-17.00

- Humidification during invasive mechanical ventilation.
Aphrodite Tsavourelou
- Traumatic brain injury patient in the ICU. Evaluation and principles of early rehabilitation - preparation of after ICU discharge rehabilitation.
Anastasia Samara

Anna Ekman	Prof. of Orthopaedics	Sweden
Chris van der Werken	Emeritus Professor of Surgery	Holland
Gamal Hosny	Prof. of Orthopaedics	Egypt
Gershon Volpin	Prof. of Orthopaedics	Israel
Malizos Konstantinos	Prof. of Orthopaedics	Greece
Marco Berlusconi	Prof. of Orthopaedics	Italy
Giorgio Maria Calori	Prof. of Orthopaedics	Italy
Matja Sajovic	Prof. of Orthopaedics	Slovenia
Minos Tyllianakis	Prof. of Orthopaedics	Greece
Nikos Kanakaris	Consultant Orthopaedic Surgeon	UK
Peter Brink	Prof. of Surgery	Holland
Peter Giannoudis	Prof. of Orthopaedics	UK
Roger Simmermacher	MD PhD Trauma Surgeon	Holland
Sokratis Varitimidis	Associate Prof.	Greece
Steven Velkes	Prof. of Orthopaedics	Israel
Theofilos Karachalios	Prof. of Orthopaedics	Greece
Thierry Begue	Prof. of Orthopaedics	France
Kemal Aktuglu	Prof. of Orthopaedics	Turkey
Andrej Čretnik	Prof. of Orthopaedics	Slovenia
Petros Spastris	Consultant Orthopaedic	Cyprus
Patsalides Christos	Consultant Orthopaedic	Cyprus
T. Tosounidis	Consultant Orthopaedic	UK
Michalis Zenios	Associate Prof of Orthopaedics	Cyprus
Rami Mosheiff	Prof. of Orthopaedics	ISRAEL
Heiner Winker	Prof. of Orthopaedics	Germany
Panos A. Efstathiou	Consultant Orthopaedic Surgeon	Greece
Andrew Henry	Consultant Orthopaedic	UK
Louis Christodoulou	Consultant Orthopaedic	Cyprus
Karl Benedetto	Prof. of Orthopaedics	Austria
Akis Loizides	Consultant Orthopaedic	Cyprus
Sithombo Maqungo	Consultant Orthopaedic Surgeon	South Africa

For the attention of the authors

Submitted papers:

- The Organising Committee invites authors to submit papers for supplementary presentations in Orthopaedics and Traumatology
- The selection of the papers will be based on a review process concerning the contribution and clarity of presentation.
- Prospective Authors are invited to submit a one page Abstract of the proposed paper in MS Word as an e-mail attachment to the conference secretariat: mse@mse.com.cy
- It is recommended that a brief professional biography or curriculum vitae (a maximum of half a page in length) is included with the abstract as a separate document.
- The paper should be of minimal commercial content.
Submission of an abstract implies a commitment to present the paper if accepted.

Conference presentations:

- The presentation of all the selected papers will be 8 minutes in duration.
- Conference proceedings: All accepted papers and the papers of the invited speakers will be available to the registered participants in the Conference webpage www.medofrt.org
- Official language: The official language of the conference is English.

Important Dates:

- July 1st, 2016: Deadline for abstract submissions
- July 10th, 2016: Notification of acceptance
- September 23-25, 2016 : Conference dates

Cyprus, General Information

Cyprus is an Island Republic in the easternmost corner of the Mediterranean Sea.

Language

Greek is the official language of Cyprus. English is widely spoken throughout the country and an increasing number of people also speak French, German and Russian.

Currency-Credit cards

Most major credit cards are accepted throughout the island, including American Express, Diners' Club, Euro card, Master card Access and Visa.

Personal cheques are not accepted. Payment in foreign currency is accepted at the current exchange rate of the day of the payment.

The monetary unit is Euro.

Climate

Cyprus has one of the healthiest climates in the world. It is an ideal holiday island with more than 330 days of sunshine, mild winters, hot dry summers, clear skies and clean air. Average temperature in Larnaca in Septemeber is 25°C with average sea temperature 24°C.

Flights to Cyprus

Direct flights to Cyprus are available from most European capitals.

The City of Larnaca

Larnaca (also spelt Larnaka) is an area of outstanding beauty - endowed with numerous attractions, waterfronts and scenic vistas as well as some of the islands most outstanding beaches. It is located on Cyprus' southernmost coast and is the countries third largest city and home to the second largest commercial port. Larnaca's International Airport is located on the fringe of the city with easy access to and from the city centre.

Conference Hotel – Palm Beach

Long-established and popular Hotel has been extensively renovated and upgraded recently and features 5* facilities and services. The tranquil Mediterranean coastline is fringed by palm trees and surrounded by gardens where exotic, native species of plants provide colourful highlights. The Hotel features superb services and classic comforts. Ideally located, close to both Larnaca International Airport and the Town Centre, this Hotel provides the perfect setting for both business and pleasure.

